

VOLLEYBALL

By: Madison M



Positions

There are 6 positions in volleyball there are three back row players and 3 front row players, outside hitter middle hitter and setter. I play outside hitter, and back row

Outside Hitter

Outside hitter can also be known as position 4 or left side. Most outside hitters play back row as well. Outside hitter is located at the front left of the court. Outside hitters hit and block on the left side.



Setter



The setter is very important they decide when somebody gets the ball and who. A setter can do many different sets, and usually gets the second ball, in order to give their hitter a set to spike, or to tip the ball.

Middle Hitter

The middle hitter position or, position 3, block all hits that come over the net. Middle hitter also hits they can hit many kinds of sets but mostly quick sets or a 1.



Libero

Some teams don't have a libero or, a defensive specialist, but a libero is a defense only player. Liberos wear a different colored jersey than the rest of the team. Their substitutions don't count as regular subs. Liberos can not do a front row attack.

Serving

Serving in volleyball is very important. Serving can get you a lot of points just by having consistent serves, you can also not gain points if you can't return a serve or if you don't have very consistent serves.

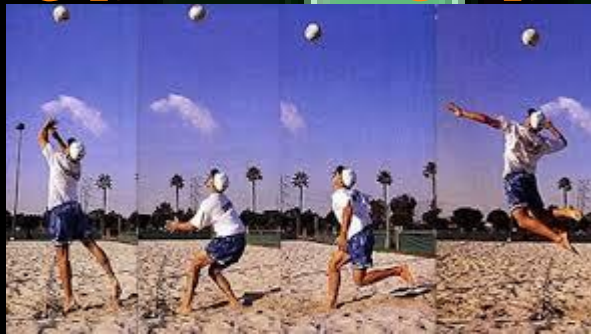


Ways to Serve

There are many ways to serve. There is jump serving which is contacting the ball off the ground and jump floaters which is a different spin on the ball. Topspin which is most common in middle school, and floaters which is harder to return most of the time.

MY SERVING WAYS

I USUALLY DO A TOPSPIN SERVE OR A FLOATER. I HAVE BEEN WORKING ON MY JUMP SERVE BUT IT'S NOT CONSISTENT YET. IN HIGH SCHOOL I KNOW I'LL HAVE TO HAVE MY JUMP SERVE DOWN, BECAUSE THAT IS HOW MOST HIGH SCHOOL GIRLS SERVE.



TEAMS

SOME TEAMS HAVE TWO SETTERS AND MIGHT KEEP THEM OPPOSITE ON THE COURT. SOME TEAMS MAY HAVE THREE REALLY GOOD PASSERS. EACH TEAM IS DIFFERENT WHICH DETERMINES THEIR LINE-UP.

Volleyball Facts

- ★ There are only 6 players on the court at one time.
- ★ Most points are scored by getting the ball to land on the opposite side of the court or if they hit the ball off.
- ★ There are always 2 referees a down referee and an up referee, the up referee is on a stand higher than the down referee.

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- ★ The first game of volleyball was invented in 1895.
- ★ Men also play volleyball.
- ★ Volleyball is an Olympic sport and has been since 1964.
- ★ Volleyball is the second most popular sport today.
- ★ Volleyball was created by William Morgan.

Starting Volleyball

I started playing volleyball in the fall of my 6th grade year. I was on a club team for White Oak Juniors. I have played school and club volleyball ever since.



Why I enjoy Volleyball

I enjoy playing volleyball because it's a fun sport to me. I love playing games with my friends and coming out with wins and knowing that our hard work pays off.



Volleyball History

I have only been playing school volleyball for 2 years now, but in my 7th and 8th grade year my team won district champions. My 7th grade year we were undefeated, but my 8th grade year we lost one. We were the only team to lose only one game, so we were still district champions.

Playing with Friends

I have been on a team with my friends since I started playing volleyball, playing with friends to me makes the win more special. It's more special to me because you got to share and fight for the win with the people you care most about and the people who you spend long hard practices with at least twice a week.



Practices

Practicing takes a lot of time and effort. Every practice I go to I always leave being better than I was when the practice started. Most practices I learn something new or a different way to do something.

Traveling

Traveling with my team is so much fun. We didn't go very far this year but we did have quite a few away games. I love traveling with my team and always making new memories.



Rewards



Playing volleyball there is always a reward whether it's getting a certain title district champs state champs area champs etc. or even if it's going to a certain place with your team to have fun.

Those are some rewards but just playing volleyball with friends and trying your hardest and fighting for wins with your team is a reward.

Future Volleyball

In the future I want to continue playing volleyball throughout my high school years. I want to play club and school volleyball. I've watched the varsity volleyball team play a lot, and I know I'll enjoy playing on varsity one day.

CLUB VOLLEYBALL

I STARTED PLAYING CLUB VOLLEYBALL MY 6TH GRADE YEAR, AND IT WAS MY FIRST TIME TO EVER PLAY VOLLEYBALL. I WAS ON A TEAM WITH ALL OF MY FRIENDS AND WE TRAVELED TO DALLAS ALMOST EVERY WEEKEND. I PLAYED CLUB MY 7TH GRADE YEAR AND I'M PLAYING MY 8TH GRADE YEAR TOO.

School Volleyball

I have only played school volleyball for two years, my 7th and 8th grade year, but I enjoy it and I love my team. Our season just ended, and I can't wait until I'm in high school next year to start a new season.



College Volleyball

I haven't thought much about if I would play volleyball in college or not. I know that to get a scholarship to play you have to be a really good player, but if I did get a scholarship in volleyball I would take it.



Volleyball Goals

A goal I have is for my team and I to become state champions. We have been district champions for 2 years in a row now, and if we stick together through high school I think we can become state champions.



Favorite Season

My favorite season is volleyball season. I enjoy playing school volleyball the most, I love playing with my friends and traveling with them is so much fun to do. I can't wait to spend many more seasons with them.

